

# ICE-FALL CLIMBING

Ice-fall climbing is one of the most exhilarating winter activities on offer in Anniviers. Illuminated by bright floodlights after dark, the icefalls open the door to an unreal, enchanting world

The icefall climbing season is very short-lived. It starts at the beginning of winter and finishes towards the end of February when the temperatures are no longer sufficiently low to guarantee maximum safety. Despite an appearance of deceptive simplicity, climbing these frozen faces requires specific equipment and training. Once well-equipped and trained you are ready to delight in the sensations offered by climbing the two icefalls of the Val d'Anniviers

## **Practical information**

- In addition to good hiking boots, gloves and appropriate clothing, the specific equipment you will need (usually provided by the guide) includes :
- Crampons
- Ice axe
- Harness
- Helmet

## **CONTACT**

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[guidesanniviers.wixsite.com/site](http://guidesanniviers.wixsite.com/site)

## Useful documents

### Introduction to icefall climbing at the icefall

- **Thursday 14 February 2019 --> Zinal**  
**Wednesday 27 February 2019 --> Mayoux**

From 18:00-21:00

CHF 20 per person

Book by 17:00 on the day before the session:

- Introductory session on 27 December 2018:

+41(0)27 476 17 05

- Introductory session on 27 February 2019:

+41(0)27 476 17 00

Specialist equipment is provided by the guide

Note: wear good walking shoes, warm sports clothing and bring additional warm clothing

### Introduction to icefall climbing at the Zinal icefall

- **Freitags von 18.00 bis 21.00 Uhr** (subject to weather conditions)  
CHF 80 per person  
Book by 17:00 on Thursday : 078 965 71 20 /  
info@guides-anniviers.ch

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## OPENING TIMES

### Introduction to icefall climbing

Information in the Tourist Offices

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