

THE BREAD TRAIL

Saint-Luc - The "Bread Trail" is an educational trail that teaches us how cereals were cultivated and about traditional period buildings. It is a fun way of understanding our ancestors' way of life.

The "Bread Trail" educational trail brings to life two different elements of the Anniviers heritage – the cultivation of cereals and traditional period buildings. Set out along the route, the information panels cover the following themes :

- *Farming and the land*
- *Crop rotation*
- *Cultivation of breadmaking cereals*
- *A voyage to the heart of an Anniviers ear of corn*
- *Hemp*
- *All stages of barley cultivation and use*
- *Traditional building techniques*
- *Traditional buildings*

Description

- The panels are illustrated with maps, old photos and various sketches to aid understanding (in French, some content also in German)

CONTACT

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Practical information

- **Season** : From April to November
- **Duration** : 1 hours
- **Starting point** : From the centre of the village
- **Finishing point** : At the mills

Useful documents