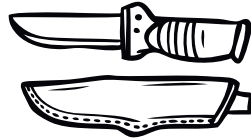


ADVENTURER'S CHECKLIST

- Back bag
For the fondue kit with : bread, cheese, wine (or apple juice), sausage for the aperitif, stove, forks, fondue pot, souvenir glasses, hiking guide and fondue recipe
- Warm clothes
- Gloves
- Hat
- Jacket
- Waterproof shoes
- Sunglasses and sunscreen **#GETLUCKYWITHWEATHER**
- Hot tea thermos **#SOTHIRSTY**
- Pepper **#MMH**
- Dishes only for adventurers beginners!
- Insulating blanket



HEY!

DO YOU NEED ANY EQUIPMENT?

Our Sport Shops can make you happy :

- Do sport :** 027 475 17 88 | info@do-sports.ch
- Epiney sport :** 027 565 80 85 | epineysports@gmail.com
- Grimentz zinal.ski :** 027 475 24 34 | info@grimentz-zinal.ski
- Valsport :** 027 475 27 76 | valsport@netplus.ch

GRIMENTZ TOURIST OFFICE

grimentz@anniviers.ch | +41 27 476 17 00

RANDO-FONDUE

+ VALDANNIVIERS.CH



RANDO-FONDUE
ADVENTURE WITH A CAPITAL A.



ENGRAVED ON MY HEART

GRIMENTZ - LES BOUESSES - ST-JEAN 9



7.4 km



104 D+, 288D-



2h30



Bench of L'Irettaz



ORZIVAL COURSE 7



8.7 km



754 D+, 935 D-



4h30



Orzival mountain
pasture



AND MORE:

Foot Trails : valdanniviers.ch/en/winter-hiking-trails
Snowshoe Trails : valdanniviers.ch/en/snowshoe-trekking
Ski Touring Routes : valdanniviers.ch/en/touring

ADVENTURER'S TUTORIAL

GOOD TIME FOR A DRINK...



RELAX AND TASTE THE WINE
AND AN EXCELLENT SAUSAGE
WHILE MAKING THE FONDUE.

SETTING UP THIS 5 STAR KITCHEN

- Find a stable place
- Slot the 4 parts of the fondue chasing dish
- Place the fondue pot in the centre of the stove
- Take off the protective film from the gel of the burner
- Place the burner under the fondue pot

TUTO HOW TO ASSEMBLE YOUR FONDUE KIT?

www.valdanniviers.ch/rando-fondue



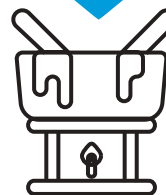
Hé!
KEEP SOME
WINE FOR THE
FONDUE.



MMH!
WHAT A
GOOD
FONDUE .

I'M HUNGRY!

- Measure the wine : 3/4 of glass
= 1 person (7.5 cl)
- Light the gel
- Heat the wine in the pot until it begins
to simmer
- Place quickly the cheese in the pot and make
it melt
- Do not stop stirring it
- When ready, enjoy the fondue by dipping into
the cheese small pieces of cut-up bread



"LEAVE THE SPOT AS YOU FOUND IT, WITH NO RUBBISH"